

Enfield High School  
English Department  
Distance Learning Plan (2): 5 Days of Journaling

**For the next Distance Learning Plan, to cover April 6<sup>th</sup> - April 9<sup>th</sup> and April 20<sup>th</sup>, write a journal entry of ½-1 page for each of those 5 school days. You may write in Word, in Apple Pages, or on paper. Choose from options below.**

--> You can write an open journal entry about your day, your thoughts, or your life. What's on your mind? What have you been doing? What do you wish you were doing? Do not just list your day, however; be sure to reflect on it. You could also write a series of journal entries that turn into a 5-day story arc. Be creative!

Or

--> You can go online, if possible, to either of the links in the box below for journal entry ideas. Choose a different journal entry prompt for each school day. Check it out: one of the links is for visual journal entry ideas; you look at a picture or photo that has an interesting prompt attached.

<http://visualprompts.weebly.com/high-school.html>

<https://www.dailyteachingtools.com/journal-writing-prompts.html>

Or

--> You can choose a prompt from the list below. Choose a different one for each day's entry.

Creative Journal Prompts

1. Write a recipe for happiness, success, disappointment, or any other state of being.
2. Remember a time when someone didn't understand you at all.
3. When in your life were you most happy, sad, proud, frightened, content, or serene?
4. When did you first discover that adults weren't perfect? Tell the story of that discovery.

5. Close your eyes and tell everything you hear, smell, taste, and feel--feel with your touch and feel with your feelings.
6. Pick an issue that confuses you or that you would like to know more about. Then free write to explore what you DO know about it.
7. Imagine yourself a different age, or the opposite sex, or living in a different era. Tell how life would be different for you.
8. What is a problem that you have? Is it one that others notice? What would life be like if you didn't have that problem?
9. What is the worst injustice you notice around you? How would you take steps to end it?
10. Tell about someone who helped you or made a difference in your life.
11. Get it out of your system. Write about something that upset or angered you.
12. Write a letter to someone you haven't seen for a while.
13. Tell a dream that you remember . . . or make one up.
14. Describe an object that is very important to you.
15. Describe a time you had to make the best of a bad situation
16. What is your special talent? What do you wish your special talent was?
17. What was the longest hour you ever experienced?
18. What are the little things in life that make you happy? What little things can ruin your day?
19. What are the little quirks or idiosyncrasies you prize about yourself or can't stand in others?
20. What invention would you like to give the world?
21. What thoughts go through your head when you can't sleep?
22. Imagine a secret life for yourself. Who or what would you be?
23. What are you fascinated by? What kinds of things does your mind dwell on?
24. What song means the most to you?

### **Reminders**

Please:

- Check your school email daily for important notices/class updates from your teacher.
- Type all work to submit electronically, whenever possible.
- Submit work electronically to your teacher when all 5 journal entries are complete (email or share documents).
- If you must complete work in hard copy, please hold onto your work. If you have email, let your teacher know that the work is complete.